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# Compass Points

MARYLAND COUNSELING ASSOCIATION (MCA)  
A BRANCH OF ACA

*"SERVING THE COUNSELING, GUIDANCE, AND HUMAN  
DEVELOPMENT PROFESSIONS"*

To Register for MCA or any of  
our events, please go to:  
[www.md counseling.org](http://www.md counseling.org)

Find us on Facebook or  
Twitter: @md\_counseling



Dr. Stephanie Dailey,  
MCA President

## A Message from the President:

Hello MCA members! It is with great honor that I write my first newsletter segment as your current President. Changes in leadership give all of us an opportunity to look both ahead and back. We can reflect upon our achievements from last year, namely our workshops and another successful annual conference, while also paying attention to new initiatives for the upcoming year. Leadership is not something that merely transitions from one person/group to another. Rather, it is a fluid process for which we utilize new energy to grow and evolve as an organization.

My focus for the next year includes an increase in membership involvement and service delivery to members. The first step is to fill current open leadership positions within the MCA Executive Committee, Maryland divisions, and MCA committees. We are seeking nominations for the following positions:

- MCA President-elect
- MCA Secretary and Assistant Secretary
- Maryland Association for Counselor Education and Supervision (MACES) President-elect
- Maryland Association for Spiritual Ethical and Religious Values in Counseling (MASERVIC) President
- Maryland Association for Marriage and Family Counseling (MAMFC) President-elect
- MCA Membership Recruitment Committee Members
- MCA Bylaws Co-Chair

Anyone interested in nominating someone (self-nominations are encouraged), or with questions about any of these positions should contact me using the contact information below. My next focus is bolstering services received by MCA members and I plan to start with our upcoming annual conference. In addition to trainings, website resources, social gatherings for mentoring and networking, and a great general resource for all Maryland counselors - providing an annual conference for our members allows us to come together, learn from one another, and rejuvenate ourselves as a unified profession in the state of Maryland. This annual event serves as a beautiful opportunity to uphold the MCA mission - promoting the development of professional counselors, advancing the counseling profession, and using the profession and practice of counseling to promote respect for human dignity and diversity. Whether you are looking to meet other counselors, obtain credit hours for licensure, engage in professional development, or market your own organization at the conference - this event is for you! Our theme this year is trauma-informed counseling and we have received a record number of proposals from a wide range of experts in crisis, trauma, and disaster counseling. In addition to being at a beautiful location in Historic Annapolis, this conference is a key opportunity for MCA members to learn, network, and give to others. For more information regarding the annual conference - please see the MCA website. For questions about the conference or conference proposals, please contact Lenese N. Stephens at [lenesestephens@gmail.com](mailto:lenesestephens@gmail.com). So I leave you with this - please take action and become involved! Attend the conference or nominate yourself or someone else for a committee. Throw yourself into service for MCA - you will not be disappointed! I am continually humbled by the spirit of MCA's members and its leaders. I look forward to serving you this year and hope to see everyone in Historic Annapolis in November!

Stephanie Dailey  
Ed.D, LPC, NCC, ACS  
[stdailey@argosy.edu](mailto:stdailey@argosy.edu) - 703-861-3383

# Association News

## *ACA Conference*

### What:

American Counseling Association (ACA) 2016 Annual Conference & Exposition

### Where:

Montreal, Canada

### When:

March 31 – April 3 2016

### Summer Registration:

<https://www.counseling.org/conference/register-for-conference>

## *Annual MCA Conference*

### What:

Maryland Counseling Association (MCA) 2015 Annual Conference

### Where:

Annapolis, Maryland

### When:

November 12-13, 2015

See details on the next page...

## *Division News*

MCA is in the beginning stages of creating an **Association for Lesbian, Gay, Bisexual & Transgender Issues in Counseling (ALGBTIC) division** on the state level - **MALGBTIC!** Bylaws are currently being drafted for member review.

MALGBTIC is currently seeking interested members who are looking to help establish an exciting new branch in MCA. If this describes you, please contact Christian Chan at [cchan530@gwmail.gwu.edu](mailto:cchan530@gwmail.gwu.edu).

Whether you identify as a member of the LGBTQ community, an ally, or an individual interested in working with the community and counseling competencies, **all are welcome!**





# MCA

Maryland  
Counseling  
Association



**SAVE THE DATE!!!! 10 NBCC Clock Hours\***

**Thursday November 12 & Friday, November 13, 2015**

***Annual Conference: Trauma-Informed Counseling***

© The Historic Inns of Annapolis, 58 Circle Street, Annapolis, Maryland

**American Red Cross Disaster Mental Health Fundamentals!** *If you are an independently licensed professional interested in working as a disaster mental health (DMH) volunteer at the local and national level, the first step is to take the **FREE** Disaster Mental Health Fundamentals Course being offered on Thursday, November 12th. Earn 3 CEUs!*

**Break Out Sessions!** *On Friday, November 13th, join us for sessions on crisis/trauma/disaster counseling, as well as other trauma-informed counseling issues such as bullying, bereavement, self-injury, addictions, counseling the military, ethics, supervision and more!*

### **Keynote Speaker: Ski-ter Jones**



Ski-ter Jones is one of the most successful commercial actors in Hollywood. He has enjoyed a successful career in the entertainment industry and is known as the “Commercial King.” He has appeared in over 100 national commercial campaigns including Price Waterhouse Cooper, Verizon Wireless, CVS, BMW, Royal Caribbean Cruise Line, McDonalds, Walmart, and Xerox to just name a few. Ski-ter is also the author of several books and has served as a guest speaker in many forums around the world. However, his story is like many of our clients in that he faced many challenges and traumatic experiences growing up as an African American male in the at-risk communities of

Washington, DC. Ski-ter endured many obstacles that have tested his resilience throughout the years, so how did he do it? Join us in hearing his story as we gain insight on how to become better “trauma-informed” counselors.

\*MCA is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.



## BILLING SERVICES

Experienced in mental health billing for insurance companies and government entities.

Covering all aspects of billing including credentialing and contracting. Combining up to date technology with old fashioned persistence.

For further information, contact  
Marilyn Wood at  
[mwood5537@gmail.com](mailto:mwood5537@gmail.com)



## NEW Master's degree option in DC!

Dear Maryland Colleagues,

I am proud to announce that a brand new **Master's degree in Clinical Mental Health Counseling** has begun in Washington, DC. The Chicago School of Professional Psychology, DC campus, is accepting applications for Fall 2015 and Spring 2016, for their brand new, **60 credit MA program in Clinical Mental Health Counseling**.

As some may be aware, previously TCSPP, DC campus had a 60-credit counseling psychology program. That program has been "sunset" and no more applications will be accepted as of June 7. We have designed a new program that adheres to the best practice of our profession, the CACREP standards, as well as all pertinent ethical codes of the American Counseling Association as well as states of Maryland, Virginia and the District of Columbia. All of the full time faculty are Counselor Educators, including a Past-President of ACA, Dr. Courtland Lee who will join us in July, and the department chair, Dr. Catherine Roland, President-elect of the American Counseling Association. For information, **please contact Catherine Roland at [croland@thechicagoschool.edu](mailto:croland@thechicagoschool.edu)** and she will be in touch.

Respectfully,

Catherine Roland  
MCA member



## Mental Health Clinical Supervisor - Part time

**Nature of Work:** This Clinical Supervisor position requires general and specific knowledge of clinical skills, clinical licensure, and clinical supervisory experience and related activity. This job involves clinical back up, support and supervision for clinical staff as well as some clinical staff such as LG licensures and interns. The Mental Health Clinical Supervisor is expected, through training and experience, to exercise independent judgment with the supervision of the Director of Outpatient Mental Health Services and Clinical coordinator. This position is part-time 20 or more hours per week.

**Position Requirements: Knowledge, Abilities and Skills**

- Willingness to learn and apply mental health service delivery concepts as they relate to interactions with persons served.
- Skilled in clinical work.
- Ability to maintain confidentiality.
- Ability to supervise a diverse staff.
- Sound and ethical clinical reasoning skills and judgment

**Position Requirements: Education and Experience**

- Possession of a Master's degree in related field or work experience with uniquely qualifies the individual for the job.
- **Clinical licensure as an LCPC Board Approved Supervisor**
- Four years positively referenced relevant work experience.

**Duties**

- Provide ongoing supervision to the clinical staff (including LGPCs, LGSWs and interns), and assist with plans to enhance professional growth including external, internal and clinical training and education.
- Maintain small therapy caseload for clinic overflow, urgent appointment need, difficult cases or to fulfill other therapy needs of clinic

Please apply online at <http://waystation.iapplicants.com/>

### Dear Counseling Colleagues,

To make finding the changes with DSM-5 easier and to navigate it faster, I have created the following:

- 1) **Changes with DSM-5: A Reference Guide for Clinicians**
- 2) Training via Webinar or On-Site (For individuals or groups) that includes the Guide
- 3) DSM-5 Index Tabs [Order through Etsy here](#)

### DSM-5 Reference Guide

This reference guide (112 pages) was written to save clinicians time, simplify and understand the changes and make our lives easier as we navigate the differences between DSM-IV-TR and DSM-5. It offers a side-by-side comparison of the disorders in an easy to read table that highlights new additions and changes. All disorders from both manuals are covered. There is also an overview about the differences between the organization and structure between the manuals. The cost is \$ 24.50 + shipping and handling. You can order through the invoice on my website or Etsy:

[To Order the DSM-5 Reference Guide through my Website \(Paypal\)](#) Invoice is at bottom right of webpage.

[To Order the Reference Guide through Etsy](#)

### **Save 20% off or your Reference Guide**

Forward this email to 12 counseling clinicians that you know. Make sure to cc me in the email at: [sapelskog@msn.com](mailto:sapelskog@msn.com) Once I receive your email, I will paypal invoice you for 19.60 + shipping and handling charges. It is that easy! And thank you for assisting me to spread the word.

### Training: Changes with DSM-5: A Simplified Overview

This training provides an overview comparison of the DSM-IV-TR and DSM-5. Clinicians will receive a reference guide (\$ 24.50 value) that lists changes between the two manuals. It covers how the manual is organized and structured, new assessment tools and the major changes with disorders. Clinicians will receive a baseline knowledge to better utilize the new manual and to take diagnoses to the next level. I am still in process of confirming dates and logistics. To schedule a training or for upcoming dates, please email me at [sapelskog@msn.com](mailto:sapelskog@msn.com)

### On-Site Training

I am temporarily living in Maryland and I am able to offer on-site training fairly easy in the DC area. I also frequently travel to Washington State and will offer trainings in May and June in Spokane. I would love to schedule to come to your site. The reference guide is provided as a part of training (\$ 24.50 value). This includes 3 CE Clock Hours. Rates are per person.

**On-Site Training:** \$ 59.00 (early bird rate)  
\$ 69.00 (10 days before training)

### Webinar

The Webinar is face-to-face online through Fuze. This does require a download of this free program. I also can call into an organization/groups. The Reference Guide is included (\$ 24.50 value). Reference guides are mailed after registration and one week in advance of the Webinar. This includes 3 CE Clock Hours. Rates are per person.

**Online Webinar:** \$ 59.00

**Group Webinar (Call-in to your site w/10 or less participants):** \$ 54.00

**Group Webinar (Call-in to your site w/10-25 participants):** \$ 49.00

For more information on the next webinar, please email me at [sapelskog@msn.com](mailto:sapelskog@msn.com)

To network or for more information, please contact me!

**Suzanne Apelskog, MS, LPC, LMHC**

(509) 868-4027 [sapelskog@msn.com](mailto:sapelskog@msn.com) [Life's Learning Website](#) [Facebook for Counselors](#)  
[LinkedIn](#) [Twitter: @sapelskog](#) [Etsy](#) [Pinterest](#)

# Let's Play!

## Summer Play Therapy Boot Camps and More!

Presented by Chesapeake Beach Professional Seminars

### **Registered Play Therapy Supervisor Boot Camp-Level I Certificate Program**

7/18 to 7/20, 2015

Baltimore, MD

CEU/Clock Hours: 30

Topics include: foundational supervision skills, understand the multiple roles the supervisor has in play therapy supervision, assessing play therapist supervisee development, create supervision interventions based on the skill and developmental levels of play therapists supervisees, incorporate play as part of the supervisory relationship, and develop a system for evaluating supervisee skill level and provide feedback.

### **Play Therapy Summer Boot Camp**

7/21 to 7/25, 2015

Prince Frederick, MD

CEU/Clock Hours: 31

Topics include: Child-Centered Play Therapy & Experiential with Children, Gestalt Play Therapy: As Taught & Practiced by Violet Oaklander, PhD, RPT-S (retired), and Play Therapy Skills Lab

### **Presenter Garry L. Landreth, Ed.D., LPC, RPT-S is BACK with TWO seminars:**

#### **ADVANCED Training- "The Art of the Relationship in Play Therapy: Deeper Issues"**

10/23 to 10/24, 2015

Washington, D.C.

CEU/Clock Hours: 12

This interactive and exploratory workshop will focus on a variety of seldom examined issues that emerge in play therapy relationships.

#### **Healing the Hurting Child: The Necessary Dimensions of Child-Centered Play Therapy**

9/11 to 9/12, 2015

Virginia Beach, VA

CEU/Clock Hours: 12

This workshop will focus on the perceptual world of the child, the dynamic elements of the relationship that facilitate the play therapy process, structuring the relationship in the playroom, and so much more!

### **Sandtray Play Therapy for Children & Adolescents**

9/11 to 9/12, 2015

Baltimore, MD

CEU/Clock Hours: 12

Topics include: History and critical sandtray principles will be explored. Participants will identify the various ways in which children utilize the sand to heal. Developmental aspects of using sandtray with children, provided. Recommended for all clinicians.

### **School-Based Play Therapy**

10/17, 2015

Baltimore, MD

CEU/Clock Hours: 6

This workshop is a combination of didactic and experiential lecture. Participants will leave having a better understanding of how to create a therapy space within a school office setting and the essential materials to include; how to deal with the challenges faced by lack of space, lack of administrative support and understanding about play therapy and lack of time; how to blend play therapy with CBT and learn about some of the latest group treatment approaches. Participants will learn and practice several techniques for immediate use in counseling for working with affect regulation and anger management in school age children.

For more information on these and other seminars we offer, or to register, click on the "Calendar" tab on our website:

[www.cbpseminars.org](http://www.cbpseminars.org)

Not finding a topic you like? Want to schedule on-site training?  
Let us know!

email: [cbpssw@gmail.com](mailto:cbpssw@gmail.com)

phone: 410 414 9901

fax: 410 414 9902

# Digital Ethics In Practice Management

Saturday, Sept. 12<sup>th</sup> 9am - 4pm

A 5-hour ethics training for private practice mental health counselors, marriage and family therapists, clinical social workers, and psychologists to navigate the digital ethics and legal pitfalls in modern practice management.

## LOCATION

Embassy Suites  
RDU Airport  
Brier Creek  
8001 Arco Corp. Dr.  
Raleigh NC 27617  
Ph: 919.572.2200



Roy Huggins, LPC, NCC  
& Rob Reinhardt, LPCS, NCC

Don't miss this rare opportunity to learn from two of the leading experts in legal and ethical technology use in the provision of mental health care.

Join us as we explore the questions below and field your questions!

All while earning 5 NBCC approved CE Hours.



CLICK HERE FOR MORE DETAILS AND TO

**REGISTER NOW!**

**EARLY BIRD DISCOUNT ENDS JULY 31**

### PRIVACY, CONFIDENTIALITY, COMPLIANCE

Can you ensure privacy, confidentiality, and HIPAA compliance while meeting your clients where they are at and increasing the efficiency and profitability of your practice through the use of technology?

### CLOUD BASED PRACTICE MANAGEMENT

Is it possible to go paperless while maintaining client confidentiality? Is their data safe "in the cloud"? Are you required to get an EHR? What about emails and texting and accepting credit cards?

### WEB SITES AND ONLINE REVIEWS

Can you safely use your web site as a resource for clients? Can you ethically use reviews to promote your practice? How can you ethically deal with negative online reviews?

### E-THERAPY / TELEHEALTH

What are the technology, and ethics requirements for practicing online therapy? Are there potential legal pitfalls? Do you have to be certified?

This workshop is sponsored by  
[www.personcenteredtech.com](http://www.personcenteredtech.com)



Person-Centered Tech, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6562. Programs that do not qualify for NBCC credit are clearly identified. Person-Centered Tech, LLC is solely responsible for all aspects of the programs.

EARLY BIRD  
DISCOUNT  
\$80 PRIOR TO  
JULY 31

AFTER JULY 31  
\$100



5

CE HOURS

# NEW! Continuing Education Series for Professional Clinical Counselors

## Expand Your Scope of Practice: Approved Clinical Supervisor Training



**REGISTRATION FEE:** \$750.00

**REGISTER ONLINE:**

<http://www.loyola.edu/academic/pastoralcounseling>

**CONTACT:**

Rosa Mozeak, 410-617-7608  
rmozeak@loyola.edu

**LOCATION:**

Loyola Univ. MD Graduate Center  
8890 McGaw Rd., Columbia, MD, 21045

### TRAINING DATES

September 25

October 9

October 23

November 6

November 20

The Department of Pastoral Counseling at Loyola University Maryland\* has created a 30-hour workshop to gain the Approved Clinical Supervisor (ACS) credential. The 30-hour training fulfills the specialized requirement necessary to apply for independent clinical supervision certification in the following:

*Approved Clinical Supervisor (ACS)*

*Approved Supervisor in Clinical Professional Counseling (MD)*



Dr. Danielle LaSure-Bryant is a Licensed Clinical Professional Counselor (LCPC) and is credentialed as an Approved Clinical Supervisor in the states of Maryland and Ohio. She has provided clinical supervision to interns and provisionally licensed professionals for more than 10 years. In addition to conducting supervision, she has taught supervision classes and has facilitated continuing education seminars in clinical supervision. Recently Dr. LaSure-Bryant wrote a chapter on clinical supervision in the book, *Understanding Pastoral Counseling*.

Dr. LaSure-Bryant received her undergraduate degree from Rowan University and her master's degree in Agency and Community Counseling from Xavier University. Her doctorate from the University of Cincinnati is in Counselor Education and Supervision.

### Training Schedule

8:30-10:00  
Morning session

10:00-10:15      Break

10:15-12:00  
Mid-morning session

12:00-1:15      Lunch

1:15-2:45  
Early afternoon session

2:45-3:00      Break

3:00-4:15  
Late afternoon session

4:30              Evaluation

A total of six (6) CEUs are offered for each training date. Participants will need to attend all trainings to complete the 30-clock hour requirement.



\*The Department of Pastoral Counseling at Loyola University Maryland is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events.

**Want to join MCA? Here's your chance!**

**Apply ONLINE or by MAIL:**  
<http://www.mdccounseling.org/>

## **Why should you join MCA?**

Membership is important to your professional growth and career development. It provides:

- Continuing education units at discount prices
- Early notification of MCA and all division events
- Current public policy issues and new laws of interest to professional counselors
- Grant opportunities
- Four newsletters and opportunities to advertise your business through contributing articles
- Early notification of job openings in the field of counseling
- Leadership training and greatly reduced registration costs to annual, regional or national conferences for board members
- Free registration to all MCA conferences and workshops for board members
- Electronic reminders to renew your membership
- A list of events that you have participated in (*and soon to come a method of keeping track of CEU's you earned*)
- Support and advocacy for professional counseling in the state of Maryland



[Click here](#) to join MCA today!

Not ready to join? Choose the non-Member Contact option for a no-cost way to add your name to our email list.

**Don't miss out! We'll publish the next newsletter early  
*November 2015.* Deadline for contributions and advertising is  
**October 30<sup>th</sup>, 2015!****

# MCA Board Positions Available

- MCA President-elect
- MCA Secretary and Assistant Secretary
- Maryland Association for Counselor Education and Supervision (MACES) President-elect
- Maryland Association for Spiritual Ethical and Religious Values in Counseling (MASERVIC) President
- Maryland Association for Marriage and Family Counseling (MAMFC) President-elect
- MCA Membership Recruitment Committee Members
- MCA Bylaws Co-Chair

Contact [Stephanie Dailey](#), MCA President, for more information.



## MCA OFFICERS:

**President**  
Stephanie Dailey  
[stdailey@argosy.edu](mailto:stdailey@argosy.edu)

**President Elect**  
*Open*

**Interim Secretary**  
Marsha Riggio  
[marshariggio@yahoo.com](mailto:marshariggio@yahoo.com)

**Treasurer**  
Sarah Gilden  
[sgilden@gmail.com](mailto:sgilden@gmail.com)

**Assistant Secretary**  
*Open*

**Assistant Treasurer**  
Rita Johnson  
[msjohnsonrita@aol.com](mailto:msjohnsonrita@aol.com)

**Immediate Past President**  
R. Tony Spann  
[rufusspann@yahoo.com](mailto:rufusspann@yahoo.com)

## DIVISION PRESIDENTS:

**MACES President**  
Michelle Wade  
[ultreytherapy2005@gmail.com](mailto:ultreytherapy2005@gmail.com)

**MSCA President**  
Eunice Humphrey  
[ehumphrey@mscaonline.org](mailto:ehumphrey@mscaonline.org)

**MASERVIC President**  
*Open*

**MAMFC President**  
Marsha Riggio  
[marshariggio@yahoo.com](mailto:marshariggio@yahoo.com)

**MAMCD President**  
*Open*

**MCDA President**  
Susan Gordon  
[gordon@american.edu](mailto:gordon@american.edu)

**MAMHC President**  
Elizabeth Nyang  
[elizabethnyang@hotmail.com](mailto:elizabethnyang@hotmail.com)

## COMMITTEE CHAIRS:

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**Membership Retention Chair**  
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**Membership Recruitment Chair**  
*Open*

**Program Coordinator Chair**  
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